

REFERENCE GUIDE

Monmouth County 2021-22 Behavioral Health Resource Guide



www.monmouthacts.org

**Monmouth County Division of Behavioral Health
Desiree Whyte, Director**

Steven J. Horvath, Mental Health Administrator

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Division of Behavioral Health
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Steven J. Horvath, Mental Health Administrator

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Board of County Commissioners

Thomas A. Arnone, *Director*
Susan M. Kiley, *Deputy Director*
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Nick DiRocco
Ross F. Licitra

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Monmouth County Division of Behavioral Health

Our Vision: All the members of our community in spirit of inclusion, safety and success, regardless of age, gender identity, race, ethnicity, religious beliefs, or country of origin, will have access to the information, services, resources, and support needed to prevent, intervene, treat and recover from behavioral health challenges in a stigma-free environment, so that they may achieve wellness and thrive in their lives.

Our Mission: The Division of Behavioral Health, through public and private partnerships and collaboration, educates, guides, empowers, advocates, and creates access to locally organized and integrated systems of behavioral health and support services for all members of our community; with wellness and recovery as the goal for all Monmouth County residents.

HOT LINES & 24/7 EMERGENCY SERVICES

Monmouth Medical Center/Psychiatric Emergency
Screening Services 24/7.....**732 923 6999**

Early Intervention Support Services (EISS)..**732 922 1042**

2nd Floor Youth Helpline**888 222 2228**

180 Turning Lives Around**732 264 4111**
(Domestic violence & sexual assault)

Bayshore Medical Center.....**732 383 2451**

CentraState Medical Center.....**732 780 6023**

Jersey Shore University Medical Center.....**732 776 4555**

Riverview Medical Center**732 219 5325**

HOT LINES & 24 HOUR EMERGENCY SERVICES 3
LÍNEAS DIRECTAS Y SERVICIOS DE EMERGENCIA LAS 24 HORAS

MENTAL HEALTH—DAY PROGRAMS, ADULT

Center for Vocational Rehabilitation 15 Meridian Rd, #1, Eatontown.....	732 544 1800
Community Care 3443 Route 9 N, suite 1100, Freehold	732 462 5553
Community Connections 75 N. Bath Ave, Long Branch	732 923 5220
CPC Behavioral Healthcare	800 250-9811
Gateway Day Treatment 1 Center St, Ocean	732 922 0591
Monmouth Partial Care 1930 Heck Ave., Bldg. 3 Suite 1, Neptune	732 866 1700
Morning Glory Partial Care 645 Neptune Blvd, Neptune	732 918 9905
Parkway 100 3535 Route 66, Neptune	732 643 4400
Unity Place 1075 Stephenson Ave, Suite C, Oceanport	848 208 2636

MENTAL HEALTH SERVICES: INPATIENT, ADULTS

Carrier Clinic.....800 933 3579
CentraState Medical Center.....732 780 6023
Hampton Behavioral Health Center.....800 603 6767
Jersey Shore University Medical Center....732 775 5500
Monmouth Medical Center.....732 923 6909
Princeton House.....888 437 1610
Riverview Medical Center.....732 530 2478

*State Hospital Admission
only through community hospitals:*

Ancora Psychiatric Hospital.....609 561 1700
Greystone Psychiatric Hospital.....973 538 1800
Trenton Psychiatric Hospital.....609 633 1500

MENTAL HEALTH SERVICES: INPATIENT, ADULTS 5
SERVICIOS DE SALUD MENTAL: EN EL PACIENTE HOSPITAL-
IZADO

MENTAL HEALTH SERVICES: OUTPATIENT, ADULTS

- YMCA of Greater Monmouth County**
166 Main St, Matawan.....732 290 9040
- CPC Behavioral Healthcare**.....800 250-9811
- JSUMC Behavioral Health**.....732 643 4363
3535 Route 66, Neptune
- Monmouth Medical Center/Pollak Clinic**
5 North Bath Ave, Long Branch.....732 923 5220
- Booker Behavioral Acute Partial Hospitalization
Program at Riverview Medical Center**
661 Shrewsbury Ave, Shrewsbury.....732 345 3400
- Stress Care of New Jersey, LLC**
500 Park Ave, Manalapan.....732 679 4500
- Catholic Charities**..... 732 747 9660(Office)
.....800 360 7711(Access Center)
- 180 Turning Lives Around**888 843 9262
1 Bethany Rd, Bldg 3, Suite 42, Hazlet
- Jewish Family & Children’s Service**.....732 774 6886
Asbury Park, Eatontown & Morganville
- Mercy Center Family Resource Center**
1106 Main St, Asbury Park.....732 774 9397
- Mental Health Association**.....732 542 6422
106 Apple St, Ste. 110, Tinton Falls
- Ocean Township Human Services**.....732 531 2600
601 Deal Rd, Ocean

BEHAVIORAL HEALTH SELF-HELP

Collaborative Support Programs of NJ (CSP)

Neptune C.A.R.E. (CWC).....732 455 5358

Freehold Wellness Center.....732 625 9485

Family Based Services.....732 542 4502

(Support for parents & caregivers)

National Alliance on Mental Illness (NAMI)

<http://www.nami.org>.....800 950 6264

NAMI Monmouth.....732 462 6448

Narcotics Anonymous (NA).....800 992 0401

No Stigma Network, Inc.

nostigmanetwork@gmail.com.....732 533 7632

NJ Self Help Clearing House.....800 367 6274

Parents Anonymous.....800 843 5437

(Child abuse prevention)

Peer Recovery Warm Line.....877 292 5588

Shore Club House.....732 759 1595

DEVELOPMENTAL DISABILITIES

Arc Monmouth.....732 493 1919
Wayside Rd, Tinton Falls

Family Support Center of NJ.....732 262 8020
35 Beaverson Blvd, Building 11, Brick

Family Resource Associates.....732 747 5310
35 Haddon Ave, Shrewsbury

LADACIN Network.....732 493 5900
(Lifetime assistance for developmental and
challenging individual needs)
1701 Kneeley Blvd, Wanamassa

CASE MANAGEMENT

City of Asbury Park
Dept. of Social Services.....732 775 2100
Municipal Plaza, Asbury Park

CPC Behavioral Healthcare (ICMS)
Integrated Case Management Services.800 250-9811

Partners in Independence.....732 542 6422
(Supportive housing)
Mental Health Association of Monmouth County
106 Apple St, Ste. 110, Tinton Falls

RWJ Barnabas Institute for
Prevention and Recovery:
Monmouth County Case Management Program
.....732 837 9427

HOUSING

- Affordable Housing Alliance**.....732 389 2958
59 Broad St, Eatontown
- CPC Behavioral Healthcare**.....800 250-9811
- Collaborative Support Programs of NJ (CSP)**
Monarch Housing.....732 625 9516 ext 2
- Declarations, Inc.**.....732 792 6990
Supportive housing Hwy 33, Bldg. 6.Suite1, Freehold
- Easter Seals NJ**.....732 380 0390
615 Hope Rd, Building 3, Eatontown
- HABcore, Inc.**.....732 544 1975
PO Box 2361, Red bank
- RHD Coastal Wellness**.....732 361 5845
2040 Sixth Ave, Suite. C, Neptune City
- Monmouth County Centralized Homeless Intake**
Applications *only* through
Monmouth County Division of Social Services
732.431.6000, ext. 4613 After 4:00PM call 211

LEGAL SERVICES

- Community Health Law Project**
1 Main St, Suite 413, Eatontown.....732 380 1012
- Disability Rights NJ**.....800 922 7233
TTY call through NJ Relay at 711
210 S. Broad St, 3rd floor Trenton
- Division of Mental Health and
Guardianship Advocacy**.....732 869 2262
630 Bangs Ave, room 317, Asbury Park
- Legal Aid Society**.....732 556 8268
2407 Route 66, Ocean Township
- South Jersey Legal Services**.....732 414 6750
303 W. Main St, 3rd floor, Freehold

ADDICTION SERVICES

OUTPATIENT TREATMENT

Advanced Health and Education.....888 687 6977
3 Corbett Way, Eatontown

Central Jersey Comprehensive Treatment Center
11 Highway 35, Cliffwood.....888 308 5583

Community Care Behavioral Health and Rehab
3443 Route 9 North, Freehold.....732 462 5553

The Counseling Center at Freehold.....732 431 5300
4345 Route 9 North, Freehold

CPC Behavioral Healthcare.....800 250 9811
*Transportation available for certain programs

Discovery Institute for Addictive Disorders
80 Conover Rd., Marlboro.....732 946 9444

High Focus Centers.....732 303 9900
6 Paragon Way, Freehold

Jersey Shore University Medical Center
3535 Route 66, Bldg. 5, Neptune.....732 643 4400

Jewish Family and Children's Service
705 Summerfield Ave., Asbury Park.....732 774 6886

JSAS Health Care.....732 988 8877
685 Neptune Blvd., Neptune

Middletown Crossroads * (Middletown residents only)
730 Newman Springs Road, Lincroft.....732 615 2269

ADDICTION SERVICES

OUTPATIENT TREATMENT

New Hope Integrated Behavioral Healthcare

2 Monmouth Ave., Freehold.....732 308 0113

190 Chelsea Ave., Long Branch.....732 870 8500

Ocean Township Human Services

601 Deal Rd.....732 531 2600

Pinnacle Treatment Center: Middletown Medical

600 State Rt. 35, Middletown.....732 706 1300

Preferred Behavioral Health.....732 458 1700

1405 Highway 35 N. Ocean

Princeton House (women only)

615 Hope Road, Building 1 Tinton Falls.....888.437.1610

Recovery Innovations.....732 380 7061

1 Corbett Way, Eatontown

RESA Treatment Center

199 Main Street, Suite 2A, Keansburg.....732 495 1474

Riverview Booker Behavioral Health Center

661 Shrewsbury Ave., Shrewsbury.....732 345 3400

Stress Care of New Jersey LLC

500 Park Ave, Manalapan.....732.679.4500

Wall Youth Center * (Wall Twp. and surrounding towns)

824 South M. Street, Wall... 732 681 1375

YMCA of Greater Monmouth County

Counseling Services

166 Main St., Matawan.....732 290 9040

ADDICTION SERVICES: OUTPATIENT TREATMENT, CONT., 11
SERVICIOS DE ADICCIÓN: TRATAMIENTO AMBULATORIO, CONT.

METHADONE TREATMENT

Central Jersey Comprehensive Treatment Center
111 Highway 35, Cliffwood.....888 308 5583

JSAS HealthCare.....732 988 8877
685 Neptune Blvd., Neptune

Middletown Medical.....732 706 1300
600 Route 35, Middletown

HARM REDUCTION CENTER

VNA of Central Jersey
816 Sunset Ave, Asbury Park.....732 502 5100

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HALFWAY HOUSE & EXTENDED CARE

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Discovery Institute (men).....732 946 9444
80 Conover Rd, Marlboro

Epiphany House.....732 775 0720
300 Fourth Ave, Asbury Park (women & children)
373 Brighton Ave, Long Branch (women)

Philip House (men)732 870 8500
190 Chelsea Ave, Long Branch

Oxford Houses of New Jersey.....732 684 3678
Self run, Self supported Recovery Houses

RECOVERY SUPPORT SERVICES

Preferred Behavioral Health STAR Program
(Support Team for Addiction Recovery)
.....732 663 1800 ext. 7186

RAFTS (Recovery Advocates for the Shore)
.....1 833 227 6237
.....or 1 833 2BSOBER

RWJ Barnabas Institute for Prevention and
Recovery: Monmouth County Case Management
Program 732 837 9427

RESIDENTIAL WITHDRAWAL MANAGEMENT

Bergen Regional Medical Center..... 800 730 2762
230 E. Ridgewood Ave, Paramus

Maryville, Inc.....856 629 0244
1903 Grant Ave, Williamstown

New Hope Integrated Behavioral Healthcare
80 Conover Rd, Marlboro.....732 946 3030

Pyramid Healthcare.....888 694 9996
600 South White Horse Pike, Hammonton

SHORT-TERM RESIDENTIAL

Discovery Institute for Addictive Disorders
80 Conover Rd, Marlboro.....732 946 9444

Maryville, Inc.....856 629 0244
1903 Grant Ave, Williamstown

New Hope Integrated Behavioral Healthcare
80 Conover Road, Marlboro.....732 946 3030

Pyramid Healthcare.....888 694 9996
600 South White Horse Pike, Hammonton

SELF HELP GROUPS

Alcoholics Anonymous 908 687 8566

Al-Anon/Alateen 888 944 5678

Cocaine Anonymous..... 800 347 8998

Parents Anonymous 800 843 5437

Gambling Helpline..... 800 426 2537

Narcotics Anonymous 800 992 0401

Nar-Anon.....877 424 4491

Self-Help Clearinghouse.....800 367 6274

PREVENTION SERVICES

Prevention First: A Div of Preferred Behavioral Health
.....732 663 1800
www.preventionfirst.net

Wellspring Center for Prevention.....732 254 3344
www.wellspringprevention.org

RWJ Barnabas Institute for Prevention and Recovery
www.rwjbh.org.....732 837 9427

CentraState Health Awareness Center
www.centrastate.com.....732 308 0570

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***ALLIANCES TO PREVENT ALCOHOLISM
AND DRUG ABUSE***

Colts Neck..... 732 308 4505
Eatontown 732 389 7621
Freehold Twp/Borough..... 732 294 5103
Hazlet..... 732 264 1700 x8693
Highlands/Atlantic Highlands 908 601 5091
Holmdel 732 946 2820 x1224
Keyport..... 732 739 5156
Marlboro 732 617 0186
Middletown..... 732 615 2277
Millstone..... 732 580 0717
Neptune City 732 776 7224
Neptune Twp..... 732 869 1202
Shore Alliance 732 816 7103
Upper Freehold/.....609 758 7738
Wall Township 732 820 4792

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INTOXICATED DRIVING

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**Monmouth County Intoxicated Driver
Resource Center (IDRC)** 732 308 3713
Monmouth County Human Services Building
3000 Kozloski Rd., Freehold, NJ
Fax: 732 625 3907

STIGMA



The **Monmouth County Stigma-Free Initiative** is a county-wide program that aims to reduce the stigmas associated with mental illness and substance use disorder. We are dedicated to raising awareness of the diseases of mental illness and substance use disorders to create a culture wherein residents feel supported by their community and neighbors and feel free to seek treatment for the diseases without fear of stigma.

For more information contact us on our website:
<https://www.stigmfree-monmouth.org/>

NJ Governor's Council on Mental Health Stigma
www.nj.gov/mhstigmacouncil

The campaign to educate and enlighten the public about the importance of mental health is paramount to our efforts. Mental health stigma is the last frontier of discrimination and we are in the midst of an evolution and revolution in mental health. We now know that it is likely that everyone will experience or be touched by a mental illness at least once in their lives.

Therefore, we must remember that mental illness does not discriminate, people do.

When we discriminate against those with mental illness we are discriminating against our mothers and fathers, sons and daughters, sisters and brothers, friends and neighbors. Embracing mental health and learning more about mental illness will enrich and strengthen the communities in which we live.

*This Reference Guide was printed courtesy of the
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